

Integrated Care and Wellbeing Scrutiny Panel

11 March 2021

Commenced: 6.00pm

Terminated: 6.50pm

Present: Councillors T Smith (Chair), Homer (Deputy Chair), Alam, Cooper, Drennan, Gosling, Martin, Mills, Owen, Patrick, Wild.

Apologies for absence: Councillors Jackson, Welsh.

36. MINUTES

The minutes of the meeting of the Integrated Care and Wellbeing Scrutiny Panel held on 14 January 2021 were approved as a correct record.

37. HEALTH IMPROVEMENT SERVICE

The Panel welcomed Councillor Eleanor Wills, Executive Member, Health, Social Care and Population Health; and Sarah Exall, Population Health Consultant, to receive an update on the consultation and re-commissioning of the Health Improvement Service.

Ms Exall advised members that Pennine Care, in the form of Be Well Tameside, currently provide the Health Improvement Service. Be Well offers a number of wellbeing services which include smoking cessation, healthy weight and diet, community health checks, stress and sleep management and undertake wider community development.

The Panel heard that smoking is the biggest cause of preventable ill health and early deaths in Tameside. There is approximately 32,000 smokers in the borough equating to more than 18% of the adult population. Tameside currently has the second highest smoking-attributable mortality in Greater Manchester.

There are also a number of local challenges and poor health outcomes associated with obesity. Be Well actively supports residents to make improved choices in order to maintain a healthy weight. Obesity remains an issue locally, with Tameside above the England average and this is also a concern for children.

In a six-month period ending October 2020, Be Well made personal health plans with 762 people, with 80% achieving their goals in full or part. During 2019/20, the service has also successfully supported.

- 395 clients to stop smoking
- 1148 households to become smoke free
- 1460 health checks (843 full NHS health checks and 617 mini checks)

It was reported that the current contract with Pennine Care is ending, with a consultation and commissioning exercise to be undertaken, with new contracts to commence from April 2022. This has presented the opportunity to review and reflect on local need and to ensure the offer remains best suited and accessible for residents.

Future proposals for delivery and commissioning set out a refreshed model for the Health Improvement Service with three separate work streams. The future budget allocation for services would incorporate savings towards the financial challenges faced by the Council. The proposed work streams are set:

- Smoking cessation
- Community wellness (community healthy weight and NHS Health Checks)
- Oral health promotion

The consultation and commissioning process will allow the service to build on aspects that have worked well and to make some changes to maximise efficiency and effectiveness of interventions. This includes the opportunity to create a more specialist and bespoke elements to aspects of the smoking cessation service and to reach those residents most in need of help, advice and support.

Councillor Wills and Ms Exall responded to a number of questions from the Panel on:

- Healthy weight of our children and young people, including support for schools and family networks.
- Community engagement and awareness raising of health inequalities across communities within Tameside. To include targeted work for protected equality groups.
- Monitoring health outcomes and sources of data and statistics for Tameside.
- Improving reach within communities regarding males accessing support to lose weight.

Resolved: That Cllr Wills and Ms Exall be thanked for attending the meeting.

38. GREATER MANCHESTER SCRUTINY

The Chair provided a verbal update on activity of the Corporate Issues & Reform Overview and Scrutiny Committee meeting that took place on 9 February 2021.

39. CHAIR'S UPDATE

The Chair thanked all members for their participation and contribution for the 2020/21 municipal year. Scrutiny has adapted well, all meetings undertaken remotely with efforts made to ensure the work programme, activity and reporting has continued. Next step will be inform the work programme for June onwards to update priority issues and topics.

A report presented at the joint meeting of Cabinet and Overview Panel on 10 February included a summary of the Scrutiny Panel's activity during the year. Work undertaken on:

- Feedback and learning from communities on Covid-19
- Public Health response to Covid-19
- Tameside Hospital
- GP Patient Survey
- Children's Services
- Tameside's Early Help Offer
- Domestic Abuse
- Impacts of Covid-19 on Education in Tameside
- Follow up on recruitment and retention of foster carers
- Response to Healthwatch Tameside Covid-19 survey
- Ombudsman complaints monitoring
- Budget updates

40. DATE OF NEXT MEETING

To note that the next meeting of the Integrated Care and Wellbeing Scrutiny Panel will take place on 10 June 2021.

41. URGENT ITEMS

The Chair reported that there were no urgent items for consideration at this meeting.

CHAIR